7th Portuguese Stroke Congress
Porto, February 2-4 2012
Program

Thursday – 2/02

08h45 – 09h45 - Oral presentations I
Chairpersons: Ana Luísa Cruz, Miguel Veloso

09h50 – 11h05 - Cerebrovascular diseases in young adults: are we paying enough attention?
Chairpersons: Assunção Tuna, Isabel Henriques

09h50 – 10h05 - Generalities about stroke in young adults - Miguel Viana Baptista
10h05 – 10h20 - From clinics to etiological diagnosis of stroke in young adults - Ruth Geraldes
10h20 – 10h50 - Incidental ischemic white matter lesions in young adults: an image based approach - Franz Fazekas

10h50 – 11h00 - Discussion

11h05 – 11h30 - Coffee-break

11h30 – 12h10 - Lecture

Stroke: a global burden - Charles D. A. Wolfe
Comments: José Ferro

12h15 – 13h15 - Simposium Luso Medicamenta (Hypertension)

13h15 – 15h00 - Lunch break
15h00 – 16h00 - **Cerebrovascular diseases and cognition**  
Chairpersons: Élia Baeta, Fernando Pita

15h00 – 15h30 - Interaction between vascular disease and Alzheimer pathology - Monique Breteler
15h30 – 15h50 - Is vascular prevention effective in preventing dementia? - Ana Verdelho
15h50 – 16h00 - Discussion

16h05 – 17h35 - **Oral presentations - Clinical cases**  
Chairpersons: Carlos Correia, Augusto Duarte

17h35-18h00 – Coffee-break

18h00 – 19h10 - Joint session with the Portuguese Haematology Society - **Recent facts about arterial thromboembolism**  
Chairpersons: Castro Lopes, Letícia Ribeiro

18h00 – 18h20 - Physiology of Hemostasis: platelets and coagulation - Manuel Campos
18h20 – 18h35 - Endothelial cells: a role in thromboembolism - Sara Morais
18h35 – 19h00 - Oral anticoagulation in primary and secondary prevention of stroke - Carlos Aguiar
19h00 – 19h10 - Discussion

19h15 – **Opening session**  
Invited speaker: Levi Guerra – Self conscience and the Art

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**Friday – 03/02**

08h45 – 09h45 - **General practitioners resident’s session**  
Chairpersons: Gabriela Lopes, Rui Cernadas

Interactive presentation of clinical cases:  
Carla Lopes da Mota, Mariana Martins, Filipa Castro, Marta Araújo

09h50 – 10h30 - **Lecture**  
**Stroke Units certification** – José Ferro

Comments: Manuel Correia
10h30 – 11h00 - Coffee-break

11h00 – 12h00 - **Neuroradiological intervention in acute stroke**
Chairpersons: João Xavier, Manuel Manita
Diagnostic procedures - Pedro Pinto
Therapeutic procedures - José Pedro Rocha Pereira

12h05 – 13h05 - **Simposium Bayer:**

*Stroke Prevention in Atrial Fibrilation*
*“Simply Protecting More Patients”*
**Chairman** – Castro Lopes
Portuguese Stroke Society President
**Co-Chairman** – Lopes Gomes
Cardiological Department in Hospital Geral Santo António - Porto

**Unmet Clinical Needs for Improved Stroke Prevention**
Elsa Azevedo
Neurological Department in Hospital São João - Porto

**New Oral Anticoagulants. A Paradigm Change?**
Pedro Marques da Silva
Functional Unity of the Medicine Department in Hospital Santa Marta - Lisboa

**Rivaroxaban. Clinical Development**
João Morais
Cardiological Department in Hospital Santo André - Leiria

15h00 – 16h00 - **Cardiac complications of stroke**
Chairpersons: António Oliveira e Silva, João Ramalho Fontes

15h00 – 15h15 - The view of the Internist - Miguel Castelo Branco
15h15 – 15h30 - The view of the Cardiologist - Vasco Alves Dias
15h30 – 15h45 - The connection between Brain and Heart - Miguel Tavares

15h45 – 16h00 - Discussion

16h05 – 17h35 - **Oral presentations II**
Chairpersons: Luís Pereira, Teresa Pinho e Melo

17h35 – 18h00 - Coffee-break

18h00 – 19h00 - Simposium Delta - Pitavastatin - Evidences of a new statin

Saturday – 04/02

09h00 – 10h00 - Poster session
Chairpersons: Ana Amélia Pinto, Fernanda Realista, Isabel Mota Lopes, Jorge Poço, Maria Antónia Ferro, Sebastião Barba

10h00 – 11h30 - Rehabilitation of stroke - experience at Mayo Clinic
Chairpersons: António Pinto Camelo, Filipa Falcão

10h00 – 10h15 - Rehabilitation of stroke in Portugal: realities and difficulties - Pedro Cantista
10h15 – 10h40 - Department of Physical Medicine and Rehabilitation organization and act on stroke - Profª Carmen Terzic
10h40 – 11h15 - Data-driven practice based evidence approach on Stroke - Dr. Allen M. Brown

11h15 – 11h30 - Discussion

11h30-11h45 – Coffee-break

11h45 – 12h30 - Lecture

Stroke Units – an updated vision of the Portuguese reality - Vitor Tedim Cruz
Comments: Miguel Rodrigues

12h35: Closing session
(Includes prize distribution)

15h00 – 19h00 - Teaching Courses:
15h00 – 17h00 - Course 1 - **Stroke in children**  
Organization: Rita Silva

17h00 – 19h00 - Course 2 - **Ongoing Clinical Trials in stroke management and prevention**  
Organization: Manuel Correia

15h00 – 17h00 - Course 3 - **Difficult decisions and management of complications in the acute phase of stroke**  
Organization: Elsa Azevedo, Marta Carvalho

15h30 – 17h30 - **Teaching Session for patients, caregivers and general population:**

1. Learn the basics about stroke - Castro Lopes

2. The importance of a healthy diet – Sandra Alves

3. Testimony of real stroke patients