“Read and re-read”

The SPAVC's Board of Directors has invited Medical Doctors that are particularly dedicated to Stroke to contribute throughout a year for the dissemination of what is considered essential to be known by the General Population about stroke — which is a great step for the fight against the 1st cause of death and impairment in Portugal.
That dissemination was conducted through opinion articles published monthly in the journal Revista Saúde Pública, as an offprint of the newspaper Expresso.
Because of its nature, and because I consider that those who have not had the opportunity to read them should do it, we will monthly publish in SPAVC's website the referred articles by order of publication, on the 1st week of every month.
To those who have had the chance to read them, I heartily advise you to re-read them as you will be reminded of many information that might be useful, since we cannot contribute to the fight against Stroke without knowing the essential about it. It is always beneficial to re-read them, as the concepts that were learned for the first time will become clearer.
You can take this opportunity to obtain a collection for personal development and hopefully for sharing with everyone you know.
To every collaborator who kindly accepts the invite from SPAVC's Board promptly, I reiterate my thanks.
I also thank Farmalux for their collaboration.