National Stroke Patient Day

The 31st of March was established in the Portuguese Official Journal (*Diário da República*) as the National Stroke Patient Day.

It is the Portuguese Stroke Society's duty to alert the General Population for this disease that is the 1st case of Death and Impairment in Portugal.

The Population should know what a stroke is, how they can avoid it, and what they should do in case it occurs.

The Media should at this time show great availability, as they are the only way to reach the country broadly, and SPAVC has shown great collaboration with them.

On our behalf, we do every possible activity and announce them with a corresponding poster. Those activities include screening for the main risk factors and providing information through leaflets and lectures.

What this Scientific Society does not do, and I do not know any Scientific Society that does it, is to appeal via telephone to the attendance in diverse places.

I take this opportunity to, once again, alert the Portuguese Population:

Do not conduct appeals through telephone for activities that are supposedly for health screenings, namely regarding stroke.

Castro Lopes