

# Spex Head Support Fitting Guide

This guide is intended to give a general overview for selecting and fitting a Spex head support.

It's important to correctly position the pelvis and trunk before positioning the head.



**spex**  
Shaping Better Lives

# Step 1

Choose your pad style

Assess your clients positioning needs and choose the appropriate head support style. Consider the contour to encourage the clients head in midline.



Circle Pad



Comfort Pad



Contour Pad



Standard Lateral Pad



Extended Lateral Pad

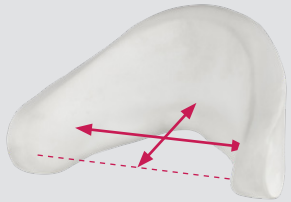


Adjustable Lateral Pad



# Step 2

Choose your pad size



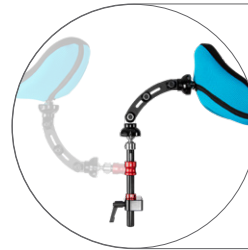
Measure the clients head and choose the appropriate head support for client's needs (considering positioning, transportation, functionality and comfort).

Complete head support pad specifications can be found in the Appendix of this guide.

Small		Large		Small		Large	
Circle 150		Circle 250		Paediatric Standard Lateral		Standard Lateral	
Inner Width	Inner Depth	Inner Width	Inner Depth	Inner Width	Inner Depth	Inner Width	Inner Depth
145mm	50mm	180mm	60mm	135mm	80mm	160mm	100mm
Comfort 250		Comfort 350		Paediatric Extended Lateral		Extended Lateral	
Inner Width	Inner Depth	Inner Width	Inner Depth	Inner Width	Inner Depth	Inner Width	Inner Depth
235mm	65mm	310mm	80mm	135mm	120mm	160mm	140mm
Contour 250		Contour 350		Adjustable Lateral 150		Adjustable Lateral 250	
Inner Width	Inner Depth	Inner Width	Inner Depth	Inner Width	Inner Depth	Inner Width	Inner Depth
225mm	105mm	280mm	130mm	145mm	205mm	180mm	215mm

# Step 3

Choose your head support mechanism



Does your client require assistance in and out of the wheelchair with transfers?

If so, consider a flip-back option.



Stylo 130



Stylo 160



Stylo 260

Low

Adjustment required

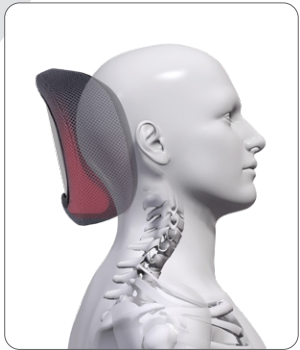
High



# Step 4

Fit the head support to the client

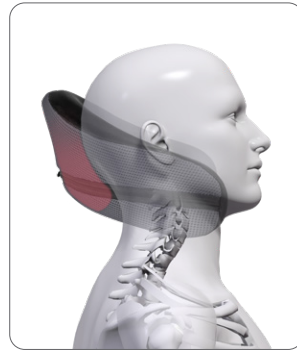
Position the in-built occipital shaping beneath the occipital protuberance. This support encourages the head to return to a neutral position.



Circle Pad



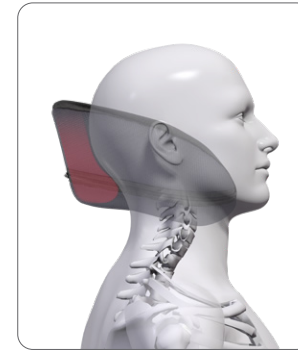
Comfort Pad



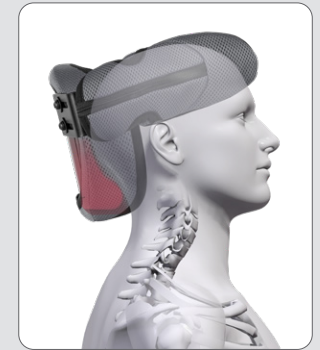
Contour Pad



Standard Lateral Pad

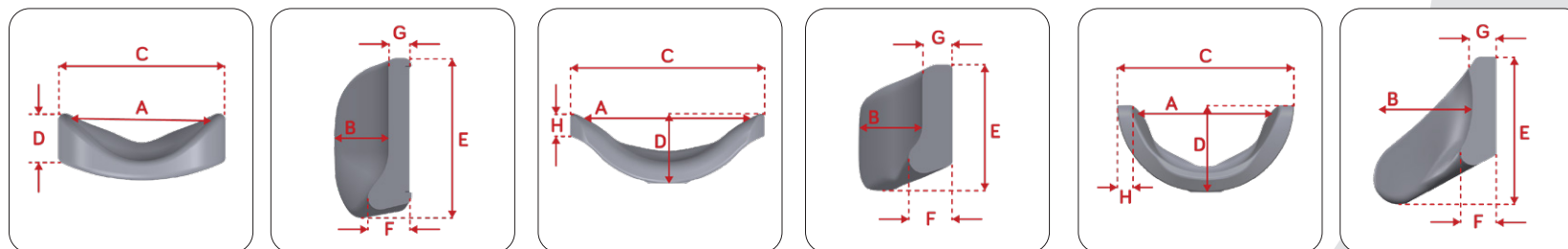


Extended Lateral Pad

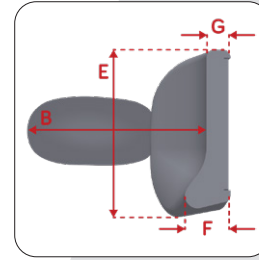
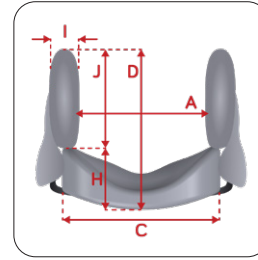
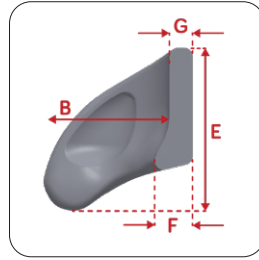
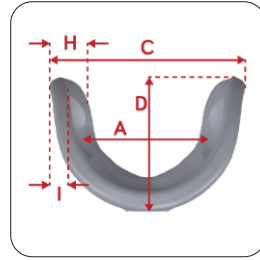
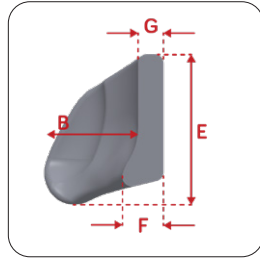
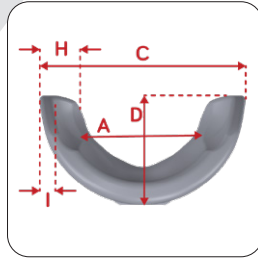


Adjustable Lateral Pad

# Appendix



Style	Circle		Comfort		Contour	
Size	150	250	250	350	250	350
Code	1275-0011-000	1275-0012-000	1275-0031-000	1275-0032-000	1275-0021-000	1275-0022-000
Weight	295g	500g	340g	580g	225mm	280mm
Internal Width (A)	145mm	180mm	235mm	310mm	105mm	130mm
Internal Depth (B)	50mm	60mm	60mm	80mm	140mm	170mm
External Width (C)	175mm	220mm	260mm	340mm	280mm	350mm
External Depth (D)	55mm	70mm	90mm	120mm	140mm	170mm
Height (E)	145mm	185mm	125mm	165mm	165mm	210mm
Bottom Thickness (F)	45mm	60mm	45mm	60mm	35mm	50mm
Top Thickness (G)	25mm	30mm	30mm	50mm	30mm	40mm



Style	Standard Lateral		Extended Lateral		Adjustable Lateral	
Size	Paediatric	Standard	Paediatric	Extended	150	250
Code	1275-0041-000	1275-0043-000	1275-0042-000	1275-0044-000	1275-0061-000	1275-0062-000
Weight	405g	585g	485g	670g	955g	1,160g
Internal Width (A)	135mm	160mm	135mm	160mm	145mm	180mm
Internal Depth (B)	80mm	100mm	120mm	140mm	205mm	215mm
External Width (C)	220mm	250mm	230mm	260mm	175mm	220mm
External Depth (D)	180mm	145mm	160mm	180mm	55mm	70mm
Height (E)	150mm	170mm	180mm	190mm	145mm	185mm
Bottom Thickness (F)	50mm	60mm	50mm	60mm	45mm	60mm
Top Thickness (G)	40mm	45mm	40mm	45mm	25mm	30mm
Thickness (H)	55mm	60mm	50mm	60mm	55mm	70mm
Thickness (I)	30mm	30mm	35mm	35mm	40mm	40mm
Lateral Wing Length (J)	-	-	-	-	155mm	155mm

HORIZONTAL FORWARD  
ADJUSTMENT

VERTICAL ADJUSTMENT

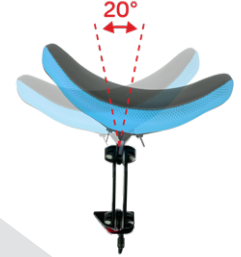
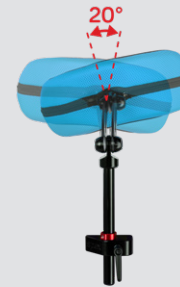
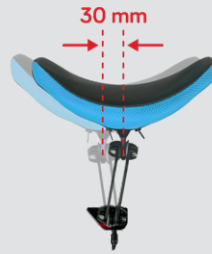
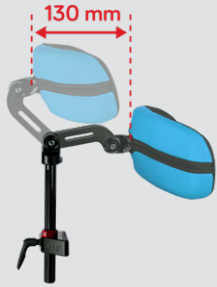
SIDEWAYS ADJUSTMENT\*

FRONTAL ANGLE  
ADJUSTMENT

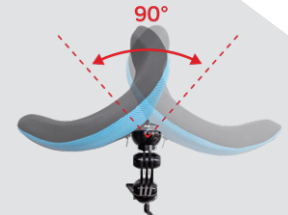
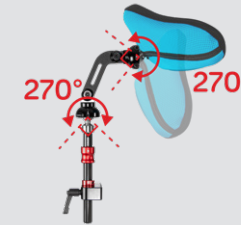
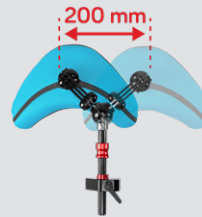
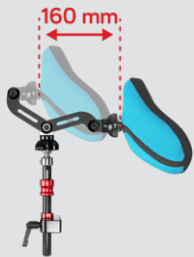
SAGITTAL ANGLE  
ADJUSTMENT

TRANSVERSE ANGLE  
ADJUSTMENT

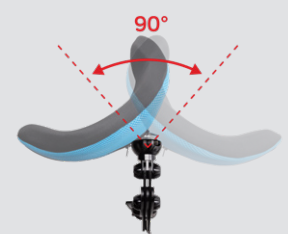
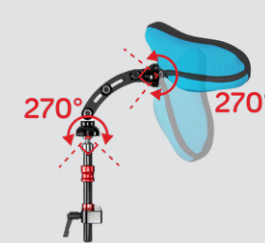
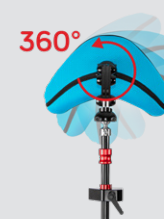
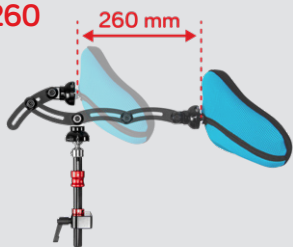
Stylo 130



Stylo 160



Stylo 260



\*Additional sideways adjustment can be achieved using the alternative mounting positioning on the grid-base back support shell in 25mm increments.